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## NATIONAL AYUSH MISSION

*This article covers "Daily Current Affairs" and the topic details "NATIONAL AYUSH MISSION". The topic "NATIONAL AYUSH MISSION" has relevance in the Public Health, Social Justice section for the UPSC CSE exam.*

### **Relevance of NATIONAL AYUSH MISSION**

#### **For Prelims:**

What is NATIONAL AYUSH MISSION?

#### **For Mains:**

*GS 2: Public health, Social justice?*

*What are the objectives of NATIONAL AYUSH MISSION?*

*Suggestions for improvement?*

#### **Why in the news?**

Health and Ayush State Ministers participated in roundtable discussion at National Ayush Mission Conclave 2023. States and UTs to strengthen Ayush Infrastructure through National Ayush Mission to enable larger population to benefit from Ayush services.

#### **What is NATIONAL AYUSH MISSION?**

The National AYUSH Mission (NAM) is a government initiative implemented by the Ministry of AYUSH (**Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homeopathy**) in India. It was launched in September 2014 with the goal of promoting, developing, and disseminating traditional Indian systems of medicine and healthcare.

#### **What are the objectives of NATIONAL AYUSH MISSION?**

**Promotion of AYUSH systems:** The mission aims to increase awareness and utilization of AYUSH practices, such as Ayurveda, Yoga, Naturopathy, Unani, Siddha, and Homeopathy, by the general public.

**Access to healthcare:** NAM strives to provide improved access to affordable and quality healthcare services through AYUSH facilities and practitioners. It focuses on both preventive and curative aspects of healthcare.

**Infrastructure development:** The mission aims to develop and strengthen the infrastructure of AYUSH institutions, including hospitals, dispensaries, and educational institutions. This includes setting up new facilities and upgrading existing ones.

**Capacity building:** NAM emphasizes the training and capacity building of AYUSH practitioners, healthcare professionals, and support staff. It also focuses on promoting research and development in AYUSH disciplines.

**Public awareness and advocacy:** NAM strives to create awareness among the general public about the benefits of AYUSH systems and promote their integration into the mainstream healthcare system. It also involves advocacy and communication campaigns.

**Suggestions for improvement?**

**Increased Funding:** Allocate sufficient and consistent funding to NAM to ensure the effective implementation of its objectives.

**Strengthening Institutional Framework:** Enhance the institutional framework by establishing dedicated AYUSH departments or directorates at the central and state levels.

**Integration and Mainstreaming:** Promote the integration of AYUSH systems with the mainstream healthcare system.

**Research and Development:** Encourage research and development in AYUSH disciplines to enhance the evidence base for their efficacy and safety.

By implementing these measures, the National AYUSH Mission can be further strengthened and contribute effectively to the promotion and development of traditional Indian systems of medicine and healthcare.

**Source: PIB**

<https://pib.gov.in/PressReleaseDetail.aspx?PRID=1925683>

**Q.1 The National AYUSH Mission (NAM) was launched by the Indian government with the objective of:**

- (a) Promoting traditional Indian dance forms
- (b) Enhancing tourism in rural areas
- (c) Developing and disseminating traditional systems of medicine
- (d) Promoting the growth of indigenous handicrafts

**Answer (c)**

**Q.2 Which of the following statements regarding the National AYUSH Mission (NAM) is/are correct? Select the correct option(s).**

- 1: NAM is an initiative of the Ministry of AYUSH to promote traditional Indian systems of medicine and healthcare.
- 2: NAM focuses on the development and dissemination of Ayurveda, Yoga, Naturopathy, Unani, Siddha, and Homeopathy practices.

3: NAM primarily aims to enhance the quality and safety of allopathic medicines in India.

4: NAM emphasizes the integration of AYUSH systems with the mainstream healthcare system.

(a) 1 and 2 only

(b) 1, 2, and 4 only

(c) 2 and 3 only

(d) 1, 2, and 3 only

**Answer: (b)**

**Q.3 Discuss the objectives of the National AYUSH Mission (NAM) in promoting traditional Indian systems of medicine and healthcare. Provide suitable recommendations for further improvement and strengthening of NAM.**

**(15 marks)**

**Rishabh**



**Yojna IAS**  
योजना है तो सफलता है