

CORPORATE OFFICE

Delhi Office

706 Ground Floor Dr. Mukherjee
Nagar Near Batra Cinema Delhi -
110009

Noida Office

Basement C-32 Noida Sector-2
Uttar Pradesh 201301



Date: 4 - May 2023

TELE MANAS HELPLINE

This article covers "Daily Current Affairs" and the topic details "Tele Manas helpline". The topic "Tele Manas helpline" has relevance in the Governance for the UPSC CSE exam.

Relevance of the topic "Tele Manas helpline"

For Prelims:

What is the Tele Manas helpline?

For Mains:

GS 2: Governance

What is the significance of Tele-Health Services?

What are the issues with Tele-Health Services?

Way Forward

Why in the news?

The telemedicine initiative Tele Manas is engaged in counselling Kashmir's distressed souls.

What is the Tele Manas helpline?

Tele Mental Health Assistance and Networking Across States (Tele-MANAS) initiative has been launched by the Ministry of Health & Family Welfare in October 2022. It aims to provide free tele-mental health services all over the country round the clock, particularly catering to people in remote or under-served areas.

Tele-MANAS is a nationwide initiative aimed at providing free tele-mental health services to people all over the country, with a focus on those living in remote or underserved areas.

The program consists of a network of 38 tele-mental health centers of excellence spread across 27 states and union territories, with over 1600 trained counsellors providing first-line services in over 20 languages. The National Institute of Mental Health and Neuro-Sciences (NIMHANS) in Bengaluru is the nodal centre for the program.

What is the goal of Tele-MANAS?

The ultimate goal of Tele-MANAS is to provide specialised care by linking with other services like the National teleconsultation service, e-Sanjeevani, Ayushman Bharat Digital Mission, mental health professionals, Ayushman Bharat health and wellness centres, and emergency psychiatric facilities.

The program aims to integrate all systems that provide mental health care, covering the entire spectrum of mental wellness and illness, and providing continuum of care to those in need.

What is the significance of Tele-Health Services?

Telehealth services are a significant development in healthcare as they allow patients to receive medical care and advice remotely, without needing to visit a healthcare facility in person. Telehealth services can be delivered via a variety of mediums, such as video conferencing, phone calls, or messaging apps. Here are some of the significant benefits of telehealth services:

1. **Improved access to care:** Telehealth services can help bridge the gap between patients and healthcare providers, especially those living in remote or underserved areas.
 2. **Convenience and flexibility:** Telehealth services allow patients to schedule appointments at a time that works best for them, without needing to take time off work or rearrange their schedule.
 3. **Cost-effective:** Telehealth services can be a cost-effective alternative to in-person healthcare appointments.
 4. **Improved patient outcomes:** Studies have shown that telehealth services can improve patient outcomes by reducing hospital admissions and readmissions, improving patient adherence to treatment plans, and increasing patient satisfaction with their healthcare experience.
 5. **Increased efficiency:** Telehealth services can help healthcare providers manage their workload more efficiently by reducing wait times and improving the accuracy of medical records.
- Overall, telehealth services have the potential to significantly improve access to healthcare, reduce healthcare costs, and improve patient outcomes.

Source:

<https://pib.gov.in/PressReleasePage.aspx?PRID=1866498>

Mohit Pratap singh

